

RETURN TO TRAINING

GUIDELINES





Check in at every venue, every time



Wear a mask whenever required by VIC Government



If you feel unwell or are isolating, don't attend



Keep your distance - Stay 1.5m apart



Sanitise your hands frequently



Vaccination is not required for participation in community sport



TRAINING ATTENDANCE

Do you have any flu like symptoms?

This includes:

- Fever
- Runny nose
- Cough
- Nasal congestion
- Sore throat
- Difficulty breathing

Are you a close contact with anyone who has COVID-19 ?

Have you tested positive on a RAT or PCR test?

DO NOT COME TO TRAINING



Email: Adam Piddick – Head of Football
adampiddick@gmail.com

Report any positive case, symptoms or close contact exposure to someone with COVID-19

You may be directed to follow government advice - self-isolate initially and recommended to seek advice via your GP or to attend a testing facility



TESTED POSITIVE

STEP 1



Follow government advice and isolate in line with government requirements

STEP 2



Call: Adam Piddick – 0400 100 023
2 days Prior to expected return to training

STEP 3



Return Session – Check in with your GP or Medical Team if a Modified Training Session is required and notify Adam Piddick



VACCINATION/BOOSTER

Vaccination or Booster
booked in the next 7 days?



STEP 1



Email: Adam Piddick – Head of Football
adampiddick@gmail.com

STEP 2



Return Session – Check in with a GP or
personal Medical Team if a Modified Training
Session is required and notify Head of
Football Adam Piddick

